



Ingredients

- 1 cup Pop's Coffee Breakfast Blend cold brew frozen into cubes
- 1/3 cup pumpkin puree
- 1/2 cup coconut milk (canned, full fat)
- 1/2 cup Greek yogurt
- 1 frozen banana
- 1 teaspoon pumpkin pie spice
- 1 scoop protein powder
- 1/4 cup milk - of your choice for desired consistency**

** cinnamon

Pumpkin Pie Protein Smoothie

Directions

- Combine all ingredients in blender and blend until smooth. **If needed, add milk of your choice to desired consistency.
- Top with a sprinkle of cinnamon.
- Enjoy!



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